



Understanding your Priorities can open your eyes to the importance of really knowing what's most important to you. If you have your priorities down, everything else seems to fall into place.

Priorities will direct you to classes you take, activities to participate in, and even to your future career decisions. They affect your whole life! You might think that's a no-brainer. But a lot of folks get hung up in doing stuff that is low on their own priority list. It steals their time. It steals their productivity. It can even steal their joy.

Understanding and using these priorities will bring meaning and purpose to what you do in your classes, your extra-curricular activities, and even the selection of your future career. The more your priorities line up with your reality, the better you will do and the more content you will be!

Katrina, you can be involved in something that is a good match for your interests, skills, and personality strengths. However, you can still experience dissatisfaction and stress if it does not match your priorities. For example, many people value working outdoors and will never feel totally comfortable if they are stuck inside. Others may need to know that they are helping people directly, and will not be satisfied working alone or with machines.

Some people only look for success in the material sense thinking it will be satisfying as well. All too often, they end up unfulfilled and burned out. Using priorities in making important decisions helps one avoid such disappointment and stress. Review your priorities to see if you are being consistent. Compare them to the way you are actually operating. This three-part section on priorities can help to guide your life and work.

Expect your priorities to change; these are yours and you can modify them whenever you want. Often they shift with age, experience, and changing family situations. Save this report for future reference. A periodic review of your priorities will enable you to see how well you are sticking to them and if adjusting any of them makes sense.



Listed from the most important to the least, these items show what you want in your surroundings or environment.

If you have the higher priority items in the settings in which you find yourself, you will be more satisfied.





These are the results you really want and expect from the activities and jobs you do.

Remember, none of these priorities are bad in and of themselves. The ones you choose represent what's important to YOU!





Why you do what you do is important and can help you determine your Life Purpose.

Experience shows that people who thoughtfully decide on a life purpose and then make career choices that contribute to that goal have a unique peace and sense of fulfillment.

